

Teresa Arenas Salas

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EDUCATION

- 2023 **M.F.A.** University of California, Davis, USA. *Dramatic arts*. Advisor: Jon Rossini.
- 2014 **B.A.** Université Paris VIII, Paris, France. *Performing arts*.
- 2007 **Theater Costume maker.** Centro de Estudios Escénicos de Andalucía, ESCENICA.
One-year certification Seville, Spain.
- 2003-04 **Professional Acting School.** Escuela Teatro Imagen. Two-year regular student. Santiago, Chile.

TEACHING

- 2023 **Teaching artist.** Engage in programs such as Story Builders Residencies programming. Berkeley Repertory School of Theatre. Berkeley, USA.
- 2023 **Associate Instructor.** Intro to Acting. Beginning of acting techniques; individual and group scene work and basic level somatic body and voice practice. Theater and Dance Department, University of California Davis, USA.
- 2022-23 **Teaching Assistant.** Intro to Acting and Physical Theater. Beginning of acting techniques; individual and group scene work and basic level somatic body and voice practice. Theater and Dance Department, University of California Davis, USA.
- 2017-21 **Coordinator of movement and voice studies** and full-time **Lecturer** for the undergraduate program. Teaching Movement II, focus on physical actions and movement techniques for actor training. Theater Department. University Mayor. Santiago, Chile.
- 2017 **Lecturer.** Movement for 3rd year theater cohort group of 10 students, developing authorship and the idea of performer/creator as well as physical training from Grotowski's work. Universidad Academia Humanismo Cristiano. Santiago, Chile.
- 2015-17 **Lecturer.** Movement I, first year theater cohort groups of 20-30 students. Intro to movement for actors, anatomical principles, fundamentals of movement and practice of a physical training from Grotowski's work. Theatre school, Instituto Profesional Arcos. Santiago, Chile. (2015-17)
- 2016 **Pilates teacher** in various Pilates studios. Santiago, Chile. (2016)
- 2013-14 **Teacher** of school course *Theater and the Awakening Body*. Working with children and youth of marginalized and immigrant communities in Paris. For the project *Arts en Scene* of the *Asociation A l'Avenir*. Paris, France.

2008-12 **Teaching Assistant** with Thomas Richards in the pedagogical programs and workshops at: Shanghai Theatre Academy. Shanghai, China; Escuela de Teatro de la Universidad Católica de Chile, Chile; Conservatory of the Teatro Stabile di Torino. Torino, Italy; Diaforà Centro di Ricerca sulla Differenza. Bergamo/Albino, Italy; Performance Studies Studio of NYU. New York, USA; Summer Intensive Program. Pontedera, Italy; Encontro Mundial das Artes Cênicas – Programação. Belo Horizonte, Brazil; Conservatoire Royal de Liège, Belgium.

WORKSHOPS (lead instructor)

- 2023 **Dancing Disorientation.** With Ileanna Cheladyn. UC Davis. California, USA.
- 2022 **Aproximaciones a un Cuerpo Indisciplinado.** Espacio NECIA. Oaxaca, Mexico.
- 2018 **Senza confini. Approssimazioni a un corpo indisciplinato.** With Valentina Menz. Torino, Italy.
- 2016 **De la voz a la Acción.** With Philip Salata. Universidad Mayor. Santiago, Chile.
- 2015 **El acto de creación y el cuerpo organico.** Universidad ARCIS. Santiago, Chile.
- 2014 **El acto de creación y el cuerpo organico.** Espacio PISO 7. Ciudad de Mexico, Mexico.

RESEARCH / CREATOR / DIRECTOR

- 2023 **Director** of *The Children's Nurcracker*. Directing the play with 133 children of 6 to 12 years old, with a staff of over 60 people at the Veterans Memorial Theater for the City of Davis. Davis, CA, USA.
- Director** of *White Dancer Loops*. Dance piece created as part of my thesis project for my MFA. This work asks, what is considered dance, beauty, virtuosity and complicity? As viewed through the prioritized perspectives of white and northern values of performance and spectatorship. UC Davis. Davis, CA, USA.
- 2022 **Assistant Director** of *The Fall Show*, a devised work directed by Granada Artist-in-Residence Erika Chong Shuch. A devised work drawn from Charles Mee's (re)making project. UC Davis Department of Theatre and Dance. Davis, CA, USA.
- 2019-20 **Co-director** of theater, dance and singing performance research *Re-Ligare* with *DESBORDAR* Collective (Chile) and *Sinécdoque Escena* (Spain). International coproduction financed by Iberoamerican grant Iberescena and premiered in Teatro del Puente. Santiago, Chile.
- 2019 **Researcher** studying the tradition of singing *Bullerengue* in Afro-descendent communities of Colombian Caribbean. Field work funded by Iberescena and *DESBORDAR* Collective with Irene Criollo and Guillermo Valencia. Brranquilla, Cartagena, San Basilio de Palenque, Maria la Baja. Colombia.
- 2017 **Researcher** of the project *Azabache*, investigating the African traditions of Latin America and intersections to contemporary dance, traditional dances and singing. With Valentina Menz and Carolina Urrutia. Santiago, Chile.
- 2016 **Co-director** of video performance *Tierra Portátil* collaboration between the visual artist Bernardita Croxatto and Teresa Salas. This collaboration develops research methodologies from the body, the voice, and visual elements around the intersection between migration, marginality and ancient traditions as cultural elements that coexist in contemporaneity. Santiago, Chile.

THEATER PRODUCTIONS AND PERFORMANCE EXPERIENCE

- 2022 **Performer** in *Clouds from a Crumbling Giant*. Collaborative performance project that follows the birth and death of a species, an empire, a universe. Directed by Granada Artist-in-Residence Schinichi Iova-Koga. UC Davis Department of Theatre and Dance. Davis, CA, USA.

- 2021 **Dancer/Creator** dance project *Deshacer el rostro*. Scenic presentation in zoom webinar format, which asks about the conditions of appearance from the virtual device, live work between device, scene, performer and user, allowing to create precise conditions of encounter during pandemic. Directed by Paulina Mellado. Cia. Pe. Mellado Danza / CIEC. Santiago, Chile.
- 2020 **Performer** in the voice research and experimental piece *Sistema Sonoro*, directed by Luis Aros and Jennifer McColl. Virtual Premiere in Matucana 100 Art Center. Santiago, Chile.
- 2018-19 **Performer/Dancer** interactive dance piece *Decisiones compartidas*. Choreographic proposal that seeks to generate a scenic dimension of the experience between performers, spectators, and the alteration of space and time, based on the intervention of light and sound devices. Directed by Paulina Mellado. Cia. Pe. Mellado Danza / CIEC. Santiago, Chile.
- 2018 **Performer** performing arts and science research *Universo* directed by Luis Aros and Jennifer McColl. Santiago, Chile. Performed at Parque Cultura Ex Cárcel. Valparaíso, Chile.
- 2015 **Dancer/Performer** dance piece *Manual de Instrucciones*. Examining social, physical and behavioral norms from a colonized perspective. Touring across central Chile and performed in Public Libraries. Chile.
Voice for the piece *Impermanence* of Théâtre de l'Entrouvert. Paris, France.
- 2013-14 **Lead actress and Pre-production** and rehearsals of the play *Reflections of Nora, A Doll's House*, based on Henrik Ibsen Doll's House. Directed by Marina Gregory. New York, USA.
Intern/performer in the project *The City Ghettos of Today*, performance-installation *Les Voix de Caliban* with focus on social inequality and marginalized neighborhoods of Paris. Directed by Pietro Floridia and Cie Check Points. Residency at Centquatre Paris and performed at Musée de l'histoire de l'immigration. Paris, France.
- 2008-12 **Company Member** of the Focused Research Team in Art as Vehicle at Workcenter of Jerzy Grotowski and Thomas Richards. **Performer** in *The Living Room* directed by Thomas Richards touring in: Shanghai Theatre Academy Shanghai, China; Festival de Inverno Forum das Artes. Ouro Preto, Brazil; FIT Festival International de Teatro, San Jose do Rio Preto, Brazil; International Festival for Musical Performing Arts Life Is Beautiful. Bucharest, Romania; Private houses. New York City, NY. USA; *Testimonianze Ricerca Azioni* Festival. Teatro Akropolis. Genova, Italia; Divine Comedy Festival. Krakow, Poland; Théâtre de L'Ancre. Charleroi, Belgium; GARAGE29. Brussels, Belgium; Festival Teatro Era. Pontedera, Italy; Vie Scena Contemporanea Festival. Modena, Italy; Creative center of Tomi Janežič and Studio for the Research on Art of Acting. Krusce, Slovenia.
Artistic residencies with the Focused Research Team in Art as Vehicle of the Workcenter of Jerzy Grotowski and Thomas Richards at: La Fonderie. Le Mans, France; FSU Florida State University. Tallahassee, FL; Trinity University. San Antonio, TX; Yale University. New Haven, CT.
- 2008-09 **Organization and production** of Theater festival *The Zero Budget Festival*. Wrocław, Poland.
- 2007 **Costume technician** for *La dama de las Camelias* with Programa de Estudios Técnicos, Centro de Estudios Escénicos de Andalucía in collaboration with Azul Producciones. Seville, Spain.
Puppeteer and actress in *Pepito y Clarita* directed by Fernando del Moral Suarez. Children's theatre. Seville, Spain.
Costume technician at *Escénica*, dance and theatre performance *La leyenda de Tara* with De la Fe Dance Company. Seville, Spain.
- 2006 **Performer** in a street-theatre intervention based on *Mother Courage* by Bertolt Brecht. Santiago, Chile.
- 2005 **Actress** in the company *Los Querubines*, Acrobatic, physical theater children's plays: *Pájaros* and *Océano*. Touring across Chile.
- 2003-04 **Actress** in *La Sala 6* by Anton Chekov. South of Chile Tour.
Actress of street-theatre production with Spanish Company *Els Comediants*. Centennial anniversary of Pablo Neruda. Santiago, Chile.

INFLUENTIAL WORKSHOP, TRAININGS AND MASTER CLASSES

Contemporary dance. Kira Kirsch. Axis syllabus. Berkeley, CA, USA.; Robert Hayden, *Ultima vez* / Wim Vandekeybus Company. Brussels, Belgium.; German Jauregui, *Ultima vez* / Wim Vandekeybus Company. Cerlà, Spain.
Contact Improvisation: Rodolfo Vidal, Carolina Silveira, Eckhard Muller, Daniela Shwartz. Chile.; 1 years continues course with Manuela Nogales, dance school ENDANZA. Seville, Spain.

Flamenco Escuela de Flamenco Jeaninne Albornoz, 2 years student. Santiago, Chile.; Maria Márquez, 1-year student. Seville, Spain.

Social Practice and Devising. Keith Hennessy, Healing Play, Berkeley, USA; Civic Imagination. Michael Rohd. Davis, USA; *The City Ghettos of Today*, Pietro Floridia and Cie Check Points. Residency at Centquatre. Paris, France

Theater. *De la pantomima contemporánea al teatro gestual de la emoción* with Company Teatro del Silencio. Santiago, Chile.; *ODINWEEK*, Odin Teatret and Eugenio Barba, Nordisk Teaterlaboratorium. Holstebro, Denmark.; *Noh Japanese theatre* with Akira Matsui, at TNT Atalaya Teatro. Seville, Spain.

GRANTS FELLOWSHIPS AND SCHOLARSHIPS

2022 Summer Dean's Fellowship \$5350. UC Davis.

2021-22 Elliott, Jones and Zolk Fellows Stipend, Full Graduate Student Tuition and Full Nonresident Supplemental Tuition \$59,552.00. UC Davis.

2018 IBERESCENA grant winner of 12.000 Euros, for the research and creation of the play Re-Ligare

2009-10 FONDART, Consejo Nacional de la Culturas y las Artes, Chile \$ 9,336 to support the residency at Workcenter Jerzy Grotowski and Thomas Richards. Pontedera, Italy.

SKILLS AND INTERESTS

Languages: Spanish (native). English (fluent). French (Intermediate), Italian (conversational)

Pilates certificate teacher

Costume technician

Translator Spanish – English

Climbing, singing, dancing, reading, parenting, playing